



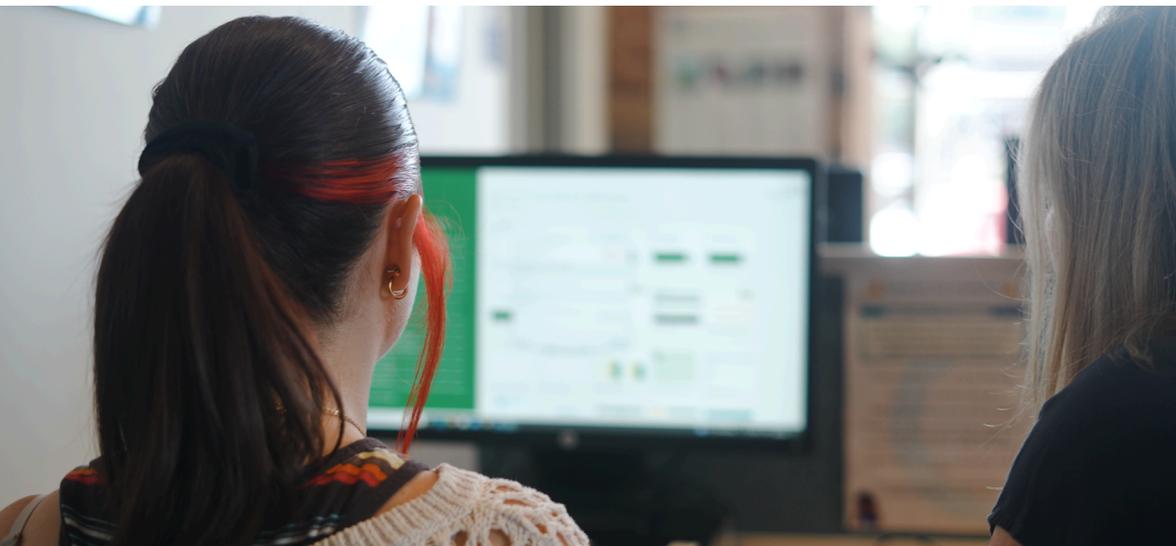
# Springboard Course List Autumn 2025

# Welcome to Springboard

## Adult Learning for Cheshire East Residents Aged 19+

Springboard offers fully-funded (free) courses and employment support for adults living in Cheshire East. If you're 19 or over and want to improve your English, Maths or digital skills, refresh your CV with a short course or sector specific qualification, or explore new job opportunities, we're here to help you move forward.

Delivered in partnership with Cheshire East Skills & Lifelong Learning, our programmes focus on building confidence, gaining practical qualifications, and supporting your next steps—whether that's work, further study, or personal growth. Our experienced tutors and one-to-one support make learning approachable and relevant to your goals.



# City & Guilds Qualifications

## Functional Skills Maths and/or English

Congleton

City & Guilds Maths and English qualifications are nationally recognised and tailored to help adults strengthen core skills for everyday life, employment, and continued education. Whether you're just starting out, looking to build confidence for personal growth, planning your next career move, or preparing for university, Springboard offers the guidance and support to help you succeed.

➤ **City & Guilds Functional Skills Maths qualifications** help learners build practical numeracy skills for everyday life and work. Offered from Entry Level to Level 2 (GCSE equivalent), they focus on real-world problem-solving like budgeting and data handling.

➤ **City & Guilds Functional Skills English qualifications** help learners develop practical reading, writing, and communication skills for everyday life and work. Available from Entry Level to Level 2 (GCSE equivalent), they focus on real-world tasks like writing emails, interpreting texts, and participating in discussions.



**Eligibility:** Cheshire East residents aged 19+ that need to improve their skills for employment, apprenticeships or further training but do not have a grade 4/C at GCSE in these subjects.

# Chartered Institute for IT Qualifications Essential Digital Skills for Work (EDSW)

Congleton  
Crewe &  
Macclefield

Essential Digital Skills for Work (EDSW) qualifications help you develop the key digital skills needed for almost any job: from sending emails and managing online tasks, to understanding digital security. These qualifications will support you whether you're applying for your first job, looking to progress in your current role or making a career change

- This course will help you build confidence in using digital devices, browsing the internet, and communicating online via email.

You'll also develop practical skills in word processing, spreadsheets, and presentations—valuable tools to enhance your CV, support your career development, and make everyday tasks easier.

**14 sessions to achieve a L1 qualification**

**Tutor-led classroom based sessions**



**Eligibility:** For anyone aged 19+ living in Cheshire East that needs to improve their digital skills

# NOCN Level 1 Health & Safety in a Construction Environment

Congleton



## Fully-Funded Course

A 3-day tutor led course for anyone looking to start a career in the construction industry. Gain a Level 1 Health & Safety in a Construction Environment (NOCN) qualification, with full preparation for the CSCS Health and Safety for Operatives test.

## Eligibility:

Fully-funded (FREE) to all candidates aged 19+ claiming a benefit or on a low income (max £27,750)

## Dates for courses running at Congleton Cricket Club

20<sup>th</sup> to 22<sup>nd</sup> October 2025

16<sup>th</sup> to 18<sup>th</sup> March 2026

13<sup>th</sup> to 15<sup>th</sup> July 2026

# Thrive & Create The Tote Project

Congleton



Ready to reconnect with your creativity, wellbeing, and the planet? Join **Thrive & Create**.

This free 7-week course for adults (19+) blends wellbeing support, hands-on upcycling, and transferable work skills. Build confidence; Create beautiful products from recycled materials. Learn sustainable living practices

- Boost your confidence and master planning, teamwork and communication.
- Gain two certified online qualifications to enhance your CV.
- Gain hands-on experience in a supportive environment with adults aged 19+.

**Starts 7<sup>th</sup> October 2025**

Tuesday mornings  
(10am to 12.30pm)

7 weekly sessions



[www.springboard.me.uk](http://www.springboard.me.uk)

# Flexible Learning with Ascentis Short Course Qualifications

Congleton & Macclefield

Whether you're embarking on your first job hunt, considering a career shift or simply aiming to boost your confidence, Springboard's Ascentis Short Course qualifications offer the perfect launchpad.

- Study online at your own pace, choose your start date, and balance your studies with other commitments.
- You will be guided by a personal Springboard tutor, ensuring you're supported from start to finish.
- Whether you prefer face-to-face learning in a community setting or the flexibility of remote study, the choice is yours.

**Eligibility:** Cheshire East resident aged 19+; Good level of English; Basic IT skills; Ability to register and attend a 40 minute multiple choice test at either Congleton Riverside or Macclesfield Library.

**18 qualifications to choose across a range of subject areas:**

- Personal Development
- Understanding Business & Enterprise
- Learning for Teaching Assistants
- Learning for Health & Care Professionals
- Sustainability and the Environment
- Business & Enterprise
- Visit [www.springboard.me.uk](http://www.springboard.me.uk) for a full list of short course qualifications





**Skills to succeed**

by Cheshire Learning Partnership

**Address**

Springboard  
Riverside  
Congleton  
CW12 1DY

*(open for enquiries Monday to Friday 9am to 4pm)*

**Macclesfield Work & Skills Hub**

Mondays at Macclesfield Library

**Crewe Work & Skills Hub**

Tuesdays at Crewe Library

**Congleton Work & Skills Hub**

Thursdays at Congleton Riverside

For all enquiries call: 01260 290 682

Email: [info@springboard.me.uk](mailto:info@springboard.me.uk)

**[www.springboard.me.uk](http://www.springboard.me.uk)**